TALKING MATS FOUNDATION TRAINING

An innovative and award-winning approach

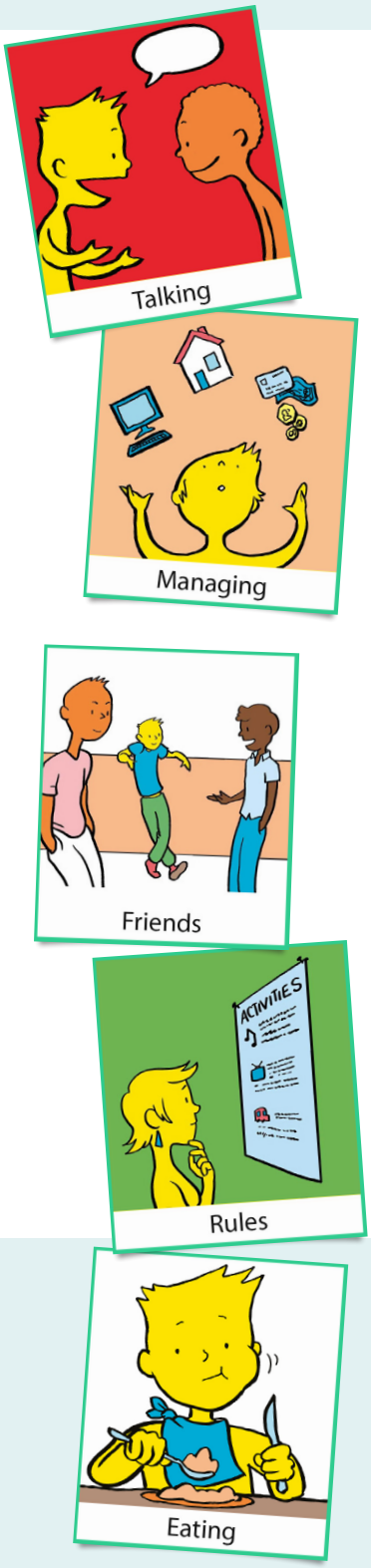
Could Talking Mats help you?

Talking Mats® has the potential for use with people of all ages and abilities (children, young people and adults, and those with speech, language, communication and learning difficulties arising from a wide range of causes e.g. intellectual disability, stroke, dementia, neurological difficulties, mental health issues etc).

It is a visual framework, which helps people think about issues and provides them with a way of expressing their views more easily e.g., how they feel about their activities, their skills, where they live, the care they receive, their views about topics that might be difficult to discuss e.g., their mental well-being, their safety, decisions about their future. Professionals using Talking Mats have included Occupational Therapists, Dieticians, Doctors, Nurses, Advocacy Workers, Service Planners, Social Workers, Speech-Language Therapists, Lawyers, Care Workers, Teachers, Rehabilitation Assistants, Researchers, Psychologists and many more.

The Foundation Training is delivered by Talking Mats Accredited Trainers and combines hands-on experience of Talking Mats with discussion and reflection on the use of the tool in a variety of real-life situations.

If you and/or your organisation want to enable the people you work alongside to have more autonomy, and involvement in important decisions, Talking Mats will be an invaluable approach for you.



TalkingMats

More information about Talking Mats in use can be found at talkingtroublenz.org/talking-mats-1

Upcoming courses:

Cost: $430 per person (including GST). Includes a standard Talking Mats symbol set of your choosing.

In-person (full day)

All courses will run from 9.30 – 4.30pm. Morning tea provided. BYO lunch.

- **Auckland:** Thurs 25 February
- **Ōtaki:** Tues 23 February
- **Whangārei:** Tues 2 March
- **Dunedin:** Weds 10 March
- **Gisborne:** Thurs 18 March
- **Te Awamutu:** Weds 5 May
- **Christchurch:** Tues 18 May
- **Auckland:** Weds 3 November

Online (three 2-hour sessions)

To complete an online course, participants must attend **all three** sessions of the course.

- Starting **Weds 17 February** 1.00 – 3.00pm (Session 2 – 24 Feb; session 3 – 17 March)
- Starting **Thurs 13 May** 9.30 – 11.30am (Session 2 – 20 May; session 3 – 10 June)
- Starting **Weds 4 August** 10.30am – 12.30pm (Session 2 – 11 Aug; session 3 – 1 Sept)
- Starting **Tues 2 November** 1.00 – 3.00pm (Session 2 – 9 Nov; session 3 – 30 November)

Online Focused Foundation courses:

- **Keeping Safe:** Starting Mon 31 May 9.30 – 11.30am (Session 2 – 14 June; session 3 – 28 June)
- **Sexual Health and relationships:** Starting Tues 1 June 9.30 – 11.30am (Session 2 – 8 June; session 3 – 29 June)
- **Capacity:** Starting Weds 2 June 9.30 – 11.30am (Session 2 – 9 June; session 3 – 30 June)



- If your organisation would like a course at your location, contact us so we can try to make that happen.
- Find our terms and conditions at the bottom of this page: www.talkingtroublenz.org/book-professional-development

If you want to book a place on any of the courses above, please email alaynemckee@talkingtroublenz.org